

**Excerpt on INTERVENT from St. Joseph's/Candler Health System Press Release**

A recent multi-center research study coordinated by researchers from the St. Joseph's/Candler Health System and our affiliate, INTERVENT, shows that women can derive similar benefits to men by participating in heart disease and stroke prevention programs. As an ongoing part of the St. Joseph's/Candler Health System's commitment to the unique health needs of women, we are proud to announce a special Valentine's Day gift for all women in our service area. As of Valentine's Day and for at least one year thereafter, women residing in our service area will have access free of charge via the St. Joseph's/Candler website to a variety of scientifically-based INTERVENT self-help lifestyle management and heart disease/stroke prevention programs. The INTERVENT programs have been proven to help women exercise regularly, eat correctly, manage their weight, quit smoking, and improve multiple cardiovascular disease risk factors. The St. Joseph's /Candler Health System is the first in the nation to make this opportunity available free of charge to women in their service area.

Dated: February 4, 2004

###